

Metro Milwaukee Lutheran Mission Society



Board of Directors

Rev. Mark Wangerin

*President
Chaplaincy*

Rev. Jon Leider

Vice President

Herman Strozier

Treasurer

Gene Kreienbrink

Special Education

James Farrelly

**Deacon Jeffrey
Mueller**

Luann Roman

**Rev. Kurt
Wenzelburger**

George Lessmann, Jr.

*Vicar
Executive Director*



If you or your congregation are interested in collecting food items for the African Immigrant food pantries supported by the Metro Milwaukee Lutheran Mission Society, please use the lists below as guidelines for the types of food we distribute. Please contact us to let us know of your interest and intent *before* you collect any items so that we can be fully prepared to accept them, especially perishable items.

— Thank You

Main Food Items

- Garri or Fuf
- Cassava Leaves
- Ukwa or Bread Fruit
- Yam
- Cocoa Yam
- Shea Butter
- Bitter Leaves
- Egwusi
- Ogbono
- Plantain
- Ora
- Ogilisi Ogili
- Njara
- Snail
- Stockfish
- Smoked Fish
- Dry Fish
- Amala
- Palm Oil
- Ground Nut Oil
- Cocoa Nut Oil
- Keremkerem
- Goat Meat
- Uziza
- Moi Moi
- Acarra
- Rice
- Beans
- Fiofior
- Okro
- Chicken

Substitute Food Items

- Corn Meal
- Potatoes
- Spinach
- Fish
- Beef
- Olive Oil
- Beans
- Black Eyed Peas
- Flour Butter
- Rice
- Semolina
- Dumplings
- Chicken